

Ladywood High School

Blaze the Trail 5K run/walk

Frequently Asked Questions (FAQ)

1. What is the Blaze the Trail 5K?

Blaze the Trail 5K run/walk is a 3.1-mile race to raise funds for scholarships at Ladywood High School. Participants can run or walk the 5K.

2. Where is the Blaze the Trail 5K being held?

The race will be held on the grounds behind Ladywood.

3. What time does the race begin?

The race begins at 9 a.m. on Saturday, December 9, 2017. The race start and finish is on the track behind the school.

4. How can I register?

Registration can be done online, or by paper form. Paper forms can be mailed or dropped off to the main office. The mailing address is on the registration form. For online registration, visit ladywood.org/campuslife/blazethetrail5kfunrunwalk.

5. How much is the entry fee?

\$30 – (Adults 19 and up)

\$25 – (Students ages 13-18)

\$15 – (Young Students ages 6-12)

Kids 5 and under: Free!

T-shirts cannot be guaranteed after November 30.

6. When is the last day to register?

Runners and walkers may register for the race online until 11:59 p.m. on the Wednesday prior to the race, December 6. After Dec. 6, individuals may register via paper form from 7:30- 8:45 AM on race day. A t-shirt will not be guaranteed for those registering after November 30.

7. Do you accept credit cards for registration on race day?

If you are registering on race day, we will not be accepting credit card. Please bring cash or a check.

8. What is included with my entry fee?

Everyone who pays an entry fee has the opportunity to run or walk the Blaze the Trail 5K.

T-shirts are provided to those who register while supplies last. Light refreshment are provided at the finish of the race for participants.

9. Do I need to register my kids under 5 years old?

If your child is under the age of five and/or being pushed in a stroller, he or she does not need to be registered. Kids 5 and under participate for free.

10. Are there refunds if I cannot attend?

Sorry, there are no refunds. Your entry fee will be donated to a great cause--scholarships for Ladywood students!

11. Can someone else run with my bib number?

No, bib numbers are unique to each runner.

12. Where can I get my race packet after I register?

Packet pick-up will take place at Gazelle Sports 39737 Traditions Drive Northville, MI 48168 on Thursday, December 7 from 4:00 PM – 8:00 PM, at Ladywood High School on Friday, December 8 from 6:00 PM – 8:00 PM. You can also pick up your packet on the morning of the race at the registration table beginning at 7:30 AM.

13. Can someone else pick up my race packet for me?

Yes, someone else may pick up your packet.

14. Can I register on race day?

Race day registration will be available starting at 7:30 AM.

15. What does the route look like?

A course map can be found on the website at <https://www.ladywood.org/campus-life/blaze-trail-5k-fun-runwalk/>

16. Is there a time limit on the race?

For your safety, all participants must be able to complete the 5K in one hour and 30 minutes or less.

17. Are baby joggers or strollers allowed during the race?

If you choose to run with a baby stroller, it is your responsibility to make sure your baby stroller does not impede other participants. Please be mindful of the safety of all. Those with strollers should line up in the back at the start of the race.

18. Are dogs allowed at the race?

No pets, except for certified service animals, are allowed at the Blaze the Trail 5K.

19. Are bicycles or tricycles allowed at the race?

This race is reserved for runners and walkers. No bicycles or tricycles are allowed at the race. Only emergency personnel or race course officials are allowed on bikes on the course for the safety of all participants.

20. Can I wear my headphones to listen to my music during the race?

Headphones are allowed for runners and walkers. However, we recommend to use caution when using headphones.

21. Will there be water and aid stations on the course?

There will be water stations on the course for runners and walkers at about the halfway mark. The course will also have volunteers and first aid personnel available to assist those in need.

22. Will restrooms be available?

Participants may use the restrooms inside the school.

23. Where can we park when we arrive for the race?

Parking is available on Ladywood's campus, in front of the school off Newburgh Road.

24. Will there be awards for winning runners?

Awards will be given to first, second and third place overall male and female winners.